

# **Guidance Standards and Benchmarks**

## **STRAND 1-ACADEMIC DEVELOPMENT**

The academic development area includes the acquisition of skills in decision-making, problem solving and goal setting, critical thinking, logical reasoning, and interpersonal communication and the application of these skills to academic achievement.

The school-counseling program enables all students to achieve success in school and to develop into contributing members of our society.

### **STANDARD A-Academic Development**

Students will acquire the attitudes, knowledge, and skills that contribute to effective learning in school and across the life span

#### **Student Benchmarks-**

Students will:

1. Display a positive interest in learning and pride in work
2. Accept mistakes as essential to the learning process
3. Apply time management and task management skills
4. Take responsibility and obligation for their actions
5. Use communication skills to know when and how to ask for help when needed
6. Demonstrate the ability to work independently as well as the ability to work cooperatively with other students

### **STANDARD B-Academic Development**

Students will complete school with the academic preparation essential to choose from a wide range of substantial post-secondary options, including college.

#### **Student Benchmarks**

Students will:

1. Learn and apply critical thinking skills
2. Apply the study skills necessary for academic success at each level
3. Become self-directed and independent learners.
4. Establish challenging academic goals in middle and high school

5. Use problem-solving and decision-making skills to assess progress toward educational goals
6. Understand the relationship between classroom performance and success in school and life
7. Identify post-secondary options consistent with interests, achievement, aptitude, and abilities (high school)

#### STANDARD C-Academic Development

Students will understand the relationship of academics to the world of work and to life at home and in the community

##### Student Benchmarks:

Students will:

1. Demonstrate the ability to balance school, studies, extracurricular activities, work, leisure time, and family life.
2. Seek co-curricular and community experiences to enhance the school experience.
3. Understand the relationship between learning and work
4. Demonstrate an understanding of the value of lifelong learning as essential to maintaining life goals (middle school, high school)

#### STRAND II-CAREER DEVELOPMENT (c)

The career development area includes helping students to understand the relationship between success in school and future success in the world of work. Students will develop strategies and skills to make this transition.

##### Standard A-Career Development

Students will acquire the skills to investigate the world of work in relation to knowledge of self and to make informed career decisions.

##### Student Benchmarks:

Students will:

1. Acquire employability skills such as working on a team, problem-solving, and organizational skills.
2. Understand the importance of responsibility, dependability, punctuality, integrity, and effort in the workplace.
3. Demonstrate the importance of planning and its implications in making decision and setting goals

##### Standard B-Career Development

Students will employ strategies to achieve future career goals with success and satisfaction

#### Student Benchmarks

Students will:

1. Apply decision-making skills to career planning, course selection, and career transitions.
2. Identify personal skills, interests, and abilities and relate them to career choices, hobbies, and avocational choices.
3. Demonstrate awareness of the education and training to achieve career goals.

#### Standard C-Career Development

Students will understand the relationship among personal qualities, education, training, and the world of work.

#### Student Benchmarks

Students will:

1. Understand the importance of equity and access in career choice. **(GF)**
2. Understand that work is an important and satisfying means of personal choices.

### **STRAND III-PERSONAL AND SOCIAL DEVELOPMENT**

Standards in the personal/social area guide the school-counseling program to implement strategies and activities to support a student's personal growth and enhance the educational and career development of the student

#### Standard A-Personal and social development

Students will acquire the knowledge, attitudes, and interpersonal skills to help them understand and respect self and others.

#### Student Benchmarks

The students will:

1. Develop a positive attitude toward self as a unique and worthy person.
2. Identify and express feelings, attitudes, and beliefs.
3. Recognize and understand rights, needs, responsibilities, and appropriate behavior.
4. Recognize, accept, and appreciate individual, family, ethnic, and cultural differences **(G) (MC)**
5. Know that communication involves speaking, listening, and non-verbal behavior.

### Standard B-Personal and social development

Students will acquire emotional and physical coping skills that will enhance their well being.

#### Student Benchmarks

Students will:

1. Learn to manage life events that can cause stress, conflict, or emotional and physical danger.
2. Recognize and use community and school resources when experiencing personal and social problems.
3. Recognize and understand the need for personal boundaries and self-control and how to practice them.

### Standard C-Personal and Social Development

Students will make decisions, set goals, and take necessary action to achieve goals.

#### Student Benchmarks

Students will:

1. Use decision-making and problem-solving skills that include an understanding of the consequences of their decision and choices